

Das Dresdner Kinder/Jugendkopfschmerzprogramm DreKiP

Versorgung für Kopfschmerzen im Kindes- und Jugendalter in Sachsen

Zaranek L., Höfer B., von der Hagen M., Berner R., Koch T., Sabatowski R., Hübler A., Richter M., Goßrau-Solimena G.

Literatur

- [1] Stovner LJ, Andree C. Prevalence of headache in Europe: a review for the Eurolight project. *J Headache Pain*. 2010 Aug;11(4):289–99. doi: 10.1007/s10194-010-0217-0. Epub 2010 May 16. PMID: 20473702; PMCID: PMC2917556.
- [2] Steiner TJ, Stovner LJ, Birbeck GL. Migraine: the seventh disabler. *Cephalalgia*. 2013 Apr;33(5):289–90. doi: 10.1177/0333102412473843. Epub 2013 Jan 10. PMID: 23307815.
- [3] Laurell K, Larsson B, Eeg-Olofsson O. Prevalence of headache in Swedish schoolchildren, with a focus on tension-type headache. *Cephalalgia*. 2004 May;24(5):380–8. doi: 10.1111/j.1468-2982.2004.00681.x. PMID: 15096227.
- [4] Sillanpää M, Piekkala P, Kero P. Prevalence of headache at preschool age in an unselected child population. *Cephalalgia*. 1991 Nov;11(5):239–42. doi: 10.1046/j.1468-2982.1991.1105239.x. PMID: 1773439.
- [5] Arruda MA, Bigal ME. Migraine and migraine subtypes in preadolescent children: association with school performance. *Neurology*. 2012 Oct 30;79(18):1881–8. doi: 10.1212/WNL.0b013e318271f812. PMID: 23109652.
- [6] Endres H, Herb M, Kaufmann-Kolle P, Neitemeier S, Schroeter K, Wunsch A. 2020. Kopfschmerzreport 2020 Prävalenz, Pillen und Perspektiven.
- [7] Porst M, von der Lippe E, Leddin J, Anton A, Wengler A, Breitkreuz J, Schüssel K, Brückner G, Schröder H, Gruhl H, Plaß D, Barnes B, Busch MA, Haller S, Hapke U, Neuhauser H, Reitzle L, Scheidt-Nave C, Schlotmann A, Steppuhn H, Thom J, Ziese T, Rommel A: The burden of disease in Germany at the national and regional level - results in terms of dis ability-adjusted life years (DALY) from the BURDEN 2020 study. *Dtsch Arztebl Int* 2022; 119: 785–92. DOI: 10.3238/arztebl.m2022.0314
- [8] Nieswand V, Richter M, Berner R, von der Hagen M, Klimova A, Roeder I, Koch T, Sabatowski R, Gossrau G. The prevalence of headache in German pupils of different ages and school types. *Cephalalgia*. 2019 Jul;39(8):1030–1040. doi: 10.1177/0333102419837156. Epub 2019 Mar 18. PMID: 30884960
- [9] Headache Classification Committee of the International Headache Society (IHS) The International Classification of Headache Disorders, 3rd edition. (2018). *Cephalalgia*, 38(1), 1–211. doi:10.1177/0333102417738202
- [10] Blankenburg, M., Schroth, M., & Braun, S. (2019). [Chronic Headache in Children and Adolescents]. *Klin Padiatr*, 231(1), 14–20. doi:10.1055/a-0710-5014
- [11] Diener, H. C., Holle, D., Solbach, K., & Gaul, C. (2016). Medication-overuse headache: risk factors, pathophysiology and management. *Nat Rev Neurol*, 12(10), 575–583. doi:10.1038/nrneurol.2016.124

- [12] Kelly M, Strelzik J, Langdon R, DiSabella M. Pediatric Headache: Overview. *Curr Opin Pediatr.* 2018;30(6):748–754. Derosier FJ, Lewis D, Hershey AD, et al. Randomized trial of sumatriptan and naproxen sodium combination in adolescent migraine. *Pediatrics* 2012; 129: e1411-e1420
- [13] Diener, H. C., Holle, D., Solbach, K., & Gaul, C. (2016). Medication-overuse headache: risk factors, pathophysiology and management. *Nat Rev Neurol*, 12(10), 575–583. doi:10.1038/nrneurol.2016.124
- [14] Kropp, P., Ebinger, F., & Evers, S. (2007). Wenn Kindern der Kopf weh tut: Rat und Hilfe bei Kopfschmerzen und Migräne. Stuttgart: Urania.
- [15] Zaranek L, Sobe H, Richter M, Hübler A, Berner R, von der Hagen M, Koch T, Sabatowski R, Klimova A, Goßrau G. Geschlechtsspezifische Ergebnisse des Dresden Kinder- und Jugendkopfschmerzprogrammes DreKiP [Gender-specific results of the Dresden children and adolescents headache program DreKiP]. *Schmerz.* 2023 Sep 22. German. doi: 10.1007/s00482-023-00756-z. Epub ahead of print. PMID: 37737282.
- [16] Ozge A, Saşmaz T, Buğdayıcı R, Cakmak SE, Kurt AÖ, Kaleağası SH, Siva A. The prevalence of chronic and episodic migraine in children and adolescents. *Eur J Neurol.* 2013 Jan;20(1):95–101. doi: 10.1111/j.1468-1331.2012.03795.x. Epub 2012 Aug 8. PMID: 22882205.
- [17] Dresler, T., Meyer, B., & Kropp, P. (2017). [Non-pharmacological migraine treatment – A practice-oriented summary]. *MMW Fortschr Med*, 159(10), 59–63. doi:10.1007/s15006-017-9709-z
- [18] Genizi J, Khourieh Matar A, Schertz M, Zelnik N, Srugo I. Pediatric mixed headache -The relationship between migraine, tension-type headache and learning disabilities - in a clinic-based sample. *J Headache Pain.* 2016;17:42. doi: 10.1186/s10194-016-0625-x. Epub 2016 Apr 22. PMID: 27102119; PMCID: PMC4840135.
- [19] Sobe H, Richter M, Berner R, von der Hagen M, Hähner A, Röder I, Koch T, Sabatowski R, Klimova A, Gossrau G. Functional improvement in children and adolescents with primary headache after an interdisciplinary multimodal therapy program: the DreKiP study. *J Headache Pain.* 2022 Aug 25;23(1):109. doi: 10.1186/s10194-022-01481-1. PMID: 36008766; PMCID: PMC9404663.
- [20] Ruscheweyh R, Dresler T, Goßrau G, Kraya T, Gaul C, Förderreuther S. Mit vereinten Daten gegen den Kopfschmerz [The Headache Registry of the German Migraine und Headache Society]. *MMW Fortschr Med.* 2022 May;164(9):53–57. German. doi: 10.1007/s15006-022-0971-3. PMID: 35513671.
- [21] Schrör K. Aspirin and Reye syndrome: a review of the evidence. *Paediatr Drugs.* 2007;9(3):195–204. doi: 10.2165/00148581-200709030-00008. PMID: 17523700.
- [22] Richter, M., Gruhl, E., Lautenschläger, E. et al. DreKiP – ein ambulantes Therapieprogramm für Kinder und Jugendliche mit Kopfschmerzen. *Schmerz* 32, 17–29 (2018).
- [23] de Tommaso M. Pain perception during menstrual cycle. *Curr Pain Headache Rep.* 2011 Oct;15(5):400–6. doi: 10.1007/s11916-011-0207-1. PMID: 21556710.
- [24] Bartley EJ, Palit S, Kuhn BL, Kerr KL, Terry EL, DelVentura JL, Rhudy JL. Natural variation in testosterone is associated with hypoalgesia in healthy women. *Clin J Pain.* 2015 Aug;31(8):730–9. doi: 10.1097/AJP.0000000000000153. PMID: 25185874.